

## **NOVEMBER 2022**

Mustangs & Fillies On-the-Go Breakfast Menu

Friday Wednesday Thursday Monday **Tuesday** Country Breakfast Bowl w/Biscu Cinnamon Roll Southwest Egg Bake w/Sausage & Chocolate Chip Muffin Cereal PBJ Uncrustable Avocado Toast w/Egg PBJ Uncrustable Cereal Bar w/Go-Gurt Cereal Pop Tarts Cereal Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Fresh Fruit Fresh Fruit Yogurt Cup Yogurt Cup Orange Juice Fresh Fruit Orange Juice Fresh Fruit Choice of Milk Choice of Milk Orange Juice Orange Juice Choice of Milk Choice of Milk Mini Donuts Pancake on a Stick Scrambled Eggs w/Hashbrown & T Sausage, Egg & Cheese BF Sandwich Waffles w/Sausage PBJ Uncrustable Avocado Toast w/Egg Cereal PBJ Uncrustable Apple Frudel Cereal Pop Tarts Avocado Toast w/Egg Cereal PBJ Uncrustable Cereal Pop Tarts Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Fresh Fruit Yogurt Cup Fresh Fruit Yogurt Cup Yogurt Cup Orange Juice Fresh Fruit Orange Juice Fresh Fruit Fresh Fruit Orange Juice Choice of Milk Choice of Milk Orange Juice Orange Juice Choice of Milk Choice of Milk Choice of Milk Ham, Egg & Cheese BF Bar w/Biscuit Chocolate Chip Breakfast Bar Waffles & Bacon Overnight French Toast Cinni Mini 18 16 PBJ Uncrustable PBJ Uncrustable Avocado Toast w/Egg PBJ Uncrustable Cereal Cereal Cereal Avocado Toast w/Egg Cereal Cereal Pop Tarts Pop Tarts Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Cup Fresh Fruit Yogurt Cup Go-Gurt Yogurt Cup Fresh Fruit Fresh Fruit Orange Juice Fresh Fruit Fresh Fruit Choice of Milk Orange Juice Orange Juice Orange Juice Orange Juice Choice of Milk Choice of Milk Choice of Milk Choice of Milk Scrambled Eggs w/Biscuit Waffles & Sausage Links Pancake on a Stick 21 24 25 PBJ Uncrustable Cereal PBJ Uncrustable NO NO Cereal Cereal Avocado Toast w/Egg Pop Tarts Yogurt Parfait Yogurt Parfait Yogurt Parfait Fresh Fruit Yogurt Cup Yogurt Cup **SCHOOL SCHOOL** Orange Juice Fresh Fruit Fresh Fruit Choice of Milk Orange Juice Orange Juice Choice of Milk Choice of Milk Country Breakfast Bowl w/Biscuit 29 Chocolate Chip Muffin Waffles w/Bacon 28 30 PBJ Uncrustable PBJ Uncrustable Cereal Breakfast is FREE for ALL Students Cereal Avocado Toast w/Egg Cereal Pop Tarts Adult Breakfast \$2.50 Yogurt Parfait Yogurt Parfait Yogurt Parfait Fresh Fruit Yogurt Cup Yogurt Cup Extra Milk \$0.40 Fresh Fruit Fresh Fruit Fresh Fruit Orange Juice Orange Juice Orange Juice Choice of Milk Choice of Milk Choice of Milk

This Institution is an Equal Opportunity Provider



